Emma Palzere-Rae
Actor
Writer
Producer

Becca Akins
Executive Director, Artreach
Licensed Professional Counselor
Writer/Songwriter/Performer

Kato McNickle,
Playwright
Artist
Dog Wrangler
Artreach presents THE SECOND STEP PLAYERS
Kato McNickle

- Technical Director for the Second Step Players and longtime Artreach associate
- Associate Director of Creative Arts in Education at The O'Neill Theater Center
- Director of College Relations for the National Theater Institute
- Member of the Artistic Council for the National Playwrights Conference
- An Ensemble Studio Theater Fellow
- Vice President of the Mystic Paper Beasts and The Dragon's Egg in Ledyard
- Producer of Mayfly Playhouse in association with Hygienic Arts
Emma Palzere-Rae, Be Well Productions

Touring productions include:

• *The Belle of Amherst* by William Luce

• *I.C.U. - Improv Comedy Unit*

• *Live from the Milky Way... It's Gilda Radner!*

• *Aunt Hattie's House* - what compelled Harriet Beecher Stowe to pen *Uncle Tom's Cabin*

• *The Woodhull Project* - 1872 Presidential Candidate Victoria Woodhull speaks to us today
The Second Step Players Solo Play Project Pilot
GO
GETTING OUT IN EASTERN CONNECTICUT
The Bulletin

Thursday, June 22, 2017

THE POWER OF ONE

"THE SECOND STEP PLAYERS ARE GOING SOLO!" IS AN EVENING OF SHORT ONE-PERSON SHOWS
SEE PAGE 12

THE U.S. COAST GUARD DIXIELAND BAND IS COMING TO A VENUE NEAR YOU
UNCLE D'S BLAZIN' BBQ IS THE PLACE FOR TASTY MEATS AND MORE
THE LATEST 'TRANSFORMERS' IS A SHINY, OVERBLOWN SPECTACLE
Members of Second Step Players will perform one-acts they wrote

THOMAS BENFIELD, Special to The Day

Judy Essex reflects on her new self-authored and self-starring one-person play, written and made performance-ready after just two months: “Initially I found it frightening and I really didn’t want to do it, but I decided I had to make myself, (...) and once I started, once I got into it, it challenged me, but it also freed me,” she says.

Essex is a member of The Second Step Players, a Norwich-based comedy troupe and division of Artreach, a nonprofit mental health and arts agency that works to aid mental health recovery through theater, music, and the
What made it work?
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