



Artreach

because creativity heals



Emma Palzere-Rae

Actor
Writer
Producer



Becca Akins

Executive Director, Artreach
Licensed Professional Counselor
Writer/Songwriter/Performer



Kato McNickle,

Playwright
Artist
Dog Wrangler



Artreach presents

THE

SECOND

STEP

PLAYERS

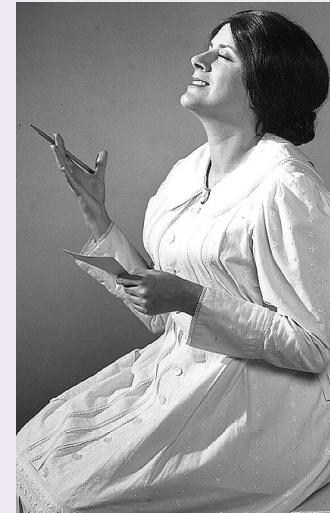




Kato McNickle

- **Technical Director for the Second Step Players and longtime Artreach associate**
- **Associate Director of Creative Arts in Education at The O'Neill Theater Center**
- **Director of College Relations for the National Theater Institute**
- **Member of the Artistic Council for the National Playwrights Conference**
- **An Ensemble Studio Theater Fellow**
- **Vice President of the Mystic Paper Beasts and The Dragon's Egg in Ledyard**
- **Producer of Mayfly Playhouse in association with Hygienic Arts**

Emma Palzere-Rae, Be Well Productions



Touring productions include:

- *The Belle of Amherst* by William Luce
- *I.C.U. - Improv Comedy Unit*
- *Live from the Milky Way... It's Gilda Radner!*
- *Aunt Hattie's House* - what compelled Harriet Beecher Stowe to pen *Uncle Tom's Cabin*
- *The Woodhull Project* - 1872 Presidential Candidate Victoria Woodhull speaks to us today





The Second Step Players Solo Play Project Pilot





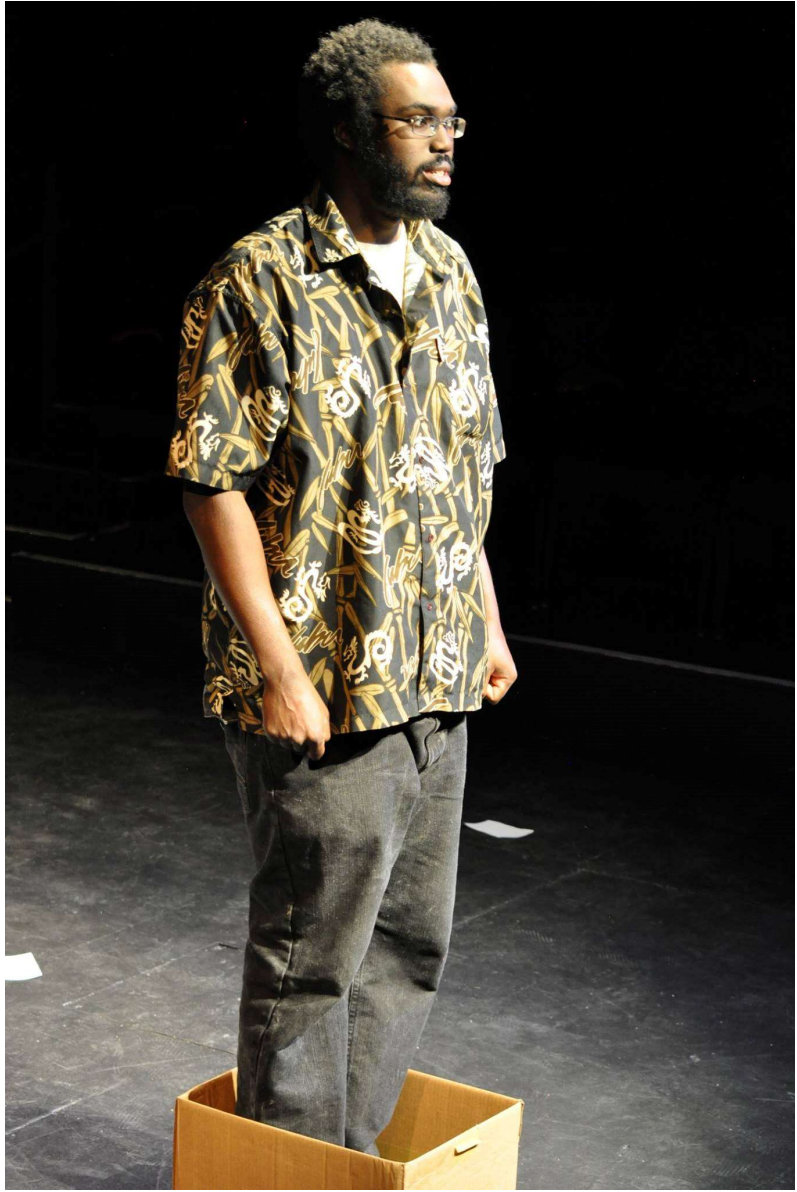








**HARD WORK
NEVER HURT
ANYONE**





THE POWER OF **ONE**

"THE SECOND STEP PLAYERS
ARE GOING SOLO!" IS AN EVENING
OF SHORT ONE-PERSON SHOWS

SEE PAGE **18**

ALSO INSIDE

THE U.S. COAST
GUARD DIXIELAND
BAND IS COMING TO
A VENUE NEAR YOU

UNCLE D'S BLAZIN'
BBQ IS THE PLACE
FOR TASTY MEATS
AND MORE

THE LATEST
'TRANSFORMERS' IS
A SHINY, OVERBLOWN
SPECTACLE



Members of Second Step Players will perform one-acts they wrote

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THOMAS BENFIELD, Special to The Day



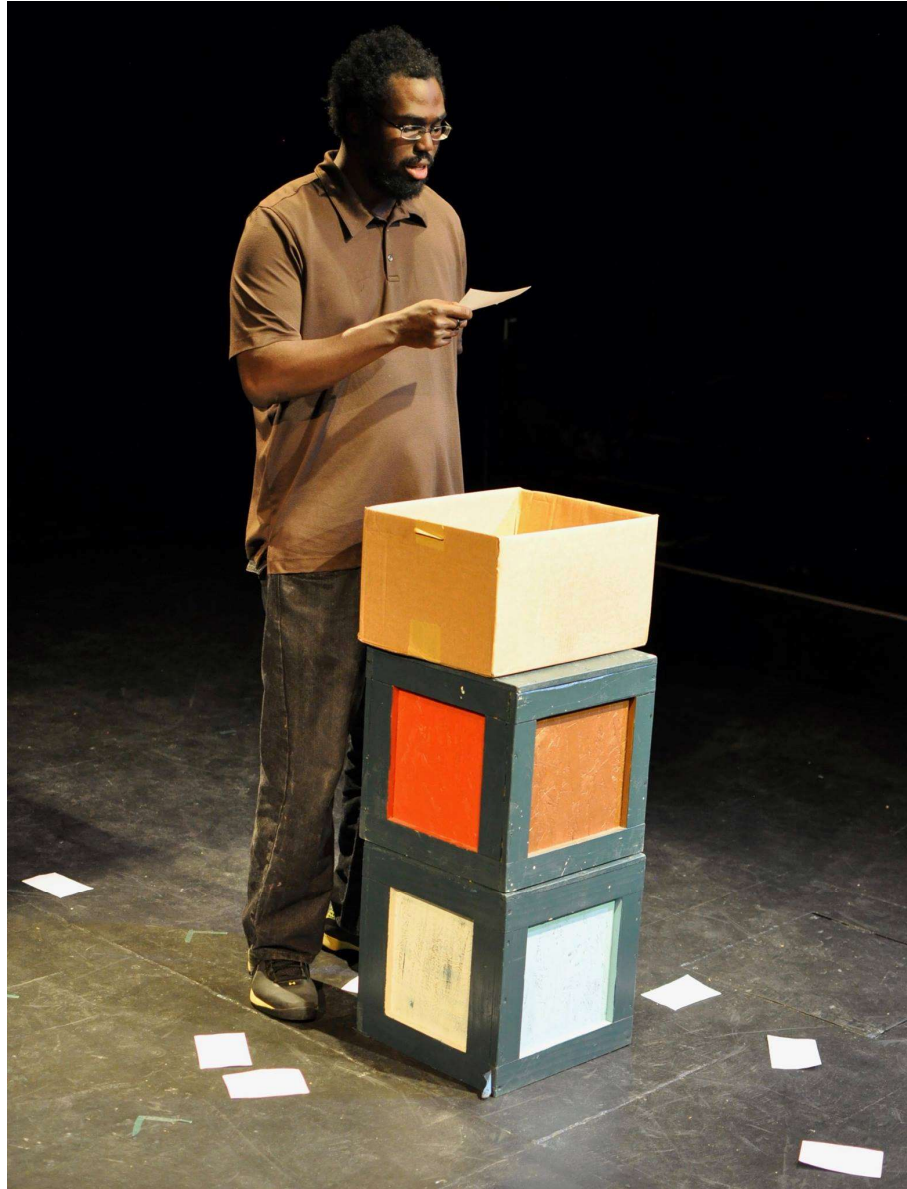
Judy Essex reflects on her new self-authored and self-starring one-person play, written and made performance-ready after just two months: “Initially I found it frightening and I really didn’t want to do it, but I decided I had to make myself, (...) and once I started, once I got into it, it challenged me, but it also freed me,” she says.

Essex is a member of The Second Step Players, a Norwich-based comedy troupe and division of Artreach, a nonprofit mental health and arts agency that works to aid mental health recovery through theater, music, and the





























What made it work?





- Emma Palzere-Rae
- emmapalzererae@gmail.com
- <https://www.facebook.com/BeWellProductions/>

- Becca Atkins
- artreachheals@gmail.com
- <https://www.artreachheals.org>

- Kato McNickle
- katoagogo@gmail.com
- <https://www.facebook.com/katomcnickle/>



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